



PARAPSYCHOLOGICAL MEDICINE

MAGAZINE

YEAR 01 - NUMBER 04

Words from Editor-in-Chief

We live in difficult times, research is done for petty interests, there is no opportunity for the mass, diseases of decades after much research industries realize that keeping the disease is more profitable than curing it. There is technology, there is promotion, there is will, but the result is just a bunch of medicine that with each swallow requires another to combat the effects of the first. We need to change the mindset that only my family and I need to be okay. Remember the story of the Jews: first they came for the gays, then the blacks, then the poor, and when they came for the Jews, there was no one to fight.

I am really sorry for the quality of this month, the battle was really hard for putting (keeping) this magazine.

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Marketing: Edenilson Brandl

Publicidade/ Vendas: Edenilson Brandl

Representante comercial: Edenilson Brandl

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1. FUTURE TECHNOLOGY – TELEPORTATION

Teleportation is a simple thing to do, theoretically you just need to split the atoms of the body and send it as a radio signal, internet, energy, impulse, using plasma from the solar system, with a beam of light, wormhole or even will. The process is very simple, you just need to create a vibration strong enough to break the bonds between the atoms and send out the resulting energy from the process. There, where we want to go, put everything in order once again, to put in order the person's genome or the energetic belonging of the atoms can be used.

2. SPIRITUAL SURGERY IN A CHILD WITH DOWN SYNDROME

This surgery was done a 3 years ago, the child got better and so better that even the mother sent a message to me telling what happened: “the child stopped crying everyday, the child stopped being rude, some intestinal problems got better”. It was not a miracle but the child was very easy to handle after the surgery.

3. FOOD OF THE MONTH: CHOCOLATE 80% CACAU

The medicinal use of processed cocoa has a long history of almost 500 years, when Hernán Cortés first encountered the beverage in Mesoamerica. Even before Cortés, the Mayans and Aztecs used the seeds of the cacao tree and produced a drink called “xocoatl”. Indigenous Aztec legends relate that cacao seeds were brought from paradise, and that wisdom and power came from eating the fruit of the cacao tree. More recently, the effects of plant flavonoids on mammalian cells have attracted substantial interest, with investigative attention focused on the potential of these agents to modulate, and even reverse, cardiovascular disease and cancer. Several epidemiological studies designed to examine the possible protective role of flavonoids in cardiovascular disease have reported inverse associations – the more flavonoids, the less disease. Increased oxidative stress and worsening nitric oxide bioavailability are the main features of vascular dysfunction, and can be detected as abnormal coronary vascular behavior in response to various endothelium-dependent stimuli, including acetylcholine or cold pressure testing. In patients with intact vascular function, both acetylcholine and the cold pressure test induce vasodilation. In contrast, patients with dysfunctional endothelium exhibit paradoxical vasoconstriction, which puts them at increased risk for cardiovascular events. A prominent finding that showed the importance of flavonoids in processed cocoa in cardiovascular disease was the discovery that flavonoids activate nitric oxide synthase in

humans. These considerations focused attention on the potential health effects of plant flavonoids. Epidemiological studies have suggested a possible protective role of flavonoids in cardiovascular disease. Processed cocoa is the richest source of flavonoids, although current cocoa processing substantially reduces its content. It promotes appetite reduction and can help with weight control: According to a Dutch study, published in the US National Library of Medicine, promoting a feeling of satiety is one of the benefits of dark chocolate, precisely because of its effect on digestion. In addition, the flavonoids present in its composition help control the entry of sugar into the blood, enhancing the feeling of satiety, also contributing to weight control. They can also help improve insulin resistance, especially in patients with obesity, diabetes and other chronic diseases. Thus, by regulating blood glucose levels, it prevents the excessive release of insulin, a hormone related, among other functions, to the accumulation of abdominal fat.

Good for the heart: A study published in Melbourne, Australia, demonstrates some good caused to the organ. First, consuming dark chocolate twice a week is enough to reduce the risk of death from heart-related diseases, such as a heart attack. Second, because it is rich in catechins and procyanidins, antioxidant substances, they contribute to reducing oxidative stress and improving internal antioxidant defense, reducing the risk of developing atherosclerosis, for example. It can also help in the treatment of high blood pressure, probably by two mechanisms: cocoa seems to improve the bioavailability of a substance called nitric oxide (vasodilator) and can inhibit an enzyme responsible for increasing this pressure. In addition, eating chocolates with a high cocoa content can help increase good cholesterol (HDL) and reduce bad cholesterol (LDL). As a cardioprotectant, it also decreases the risk of platelet aggregation in the arteries and thus the formation of clots. Rich in antioxidants: Dark chocolate is one of the foods with the highest

antioxidant potential. It has higher rates than açai and blueberry, for example. Thus, it fights free radicals and oxidative stress, as mentioned above. Among the benefits listed, it can decrease the risk of cancer and cardiovascular problems, in addition to preventing premature cellular aging. Promotes a sense of well-being: One of the best-known benefits of chocolate is its ability to release substances that increase the feeling of well-being. On the list are: endorphin, which eases stress, and serotonin, a neurotransmitter that calms and can improve symptoms of depression. Cocoa also has a substance called anandamide (in small amounts), which can act in areas of our brain that regulate functions such as pain, anxiety, mood, memory and appetite control. It is an endorphin also produced by our body in situations of happiness, which is why it is called the "happiness substance". Improves intestinal transit: Like any source of fiber, one of the benefits of dark chocolate 70% cocoa is precisely to improve intestinal transit, reducing constipation. Helps in

the proper functioning of nerves and muscles: As a source of magnesium, dark chocolate also helps in the proper functioning of our nerves and muscles, ensuring a more balanced health and better quality of life as a whole. Potential Cancer Prevention: It might be hard to believe, but that tasty chocolate you eat and love could also help you prevent cancer. That's right! One of the benefits of dark chocolate is its potential as a cancer-fighting food. As such, research shows that the flavonoids and antioxidants found in chocolate may be especially beneficial against colon cancer. For example, in animal tests, dark chocolate was found to be able to effectively reduce the growth and spread of colon cancer cells in mice. Another scientific review noted that it could help protect against colorectal cancer for its ability to decrease oxidative stress, reduce inflammation, and block the growth of cancer cells. Improves Overall Cholesterol Profile: The cocoa butter found in chocolate is rich in healthy fats and polyphenols, which are beneficial compounds and act as

antioxidants in the body. A 2009 article, published in the Southern Medical Journal, looked at the effects of chocolate on 28 healthy subjects. The study found that just one week of dark chocolate consumption improved the lipid profile, decreased platelet reactivity and reduced inflammation. In conclusion, a review of 10 studies showed that consumption of flavonol-rich chocolate was effective in reducing total LDL cholesterol levels, which are major risk factors for heart disease. Vision tonic potential: While more research is needed, a clinical study in June 2018 observed that the contrast sensitivity and visual acuity of 30 participants improved after consuming dark chocolate versus milk chocolate, meaning this could help to improve vision. However, more studies are needed to assess how chocolate and its components may impact long-term vision. Protects Skin Health: One of the main benefits of dark chocolate for the skin is attributed to flavonoids and their ability to protect against sun damage. In

fact, a study conducted in London found that eating flavonoid-rich chocolate could help prevent damage from ultraviolet light. Meanwhile, other research indicates that regular consumption of chocolate can also reduce skin roughness, improve hydration and improve blood flow to the skin. It is rich in fiber: Dark chocolate contains a high content of dietary fiber, which is essential for the proper functioning of the intestine. This is because they hydrate and add volume to the stool, thus preventing constipation. In addition, fibers help control the absorption of carbohydrates, fats and cholesterol, contributing to better control of blood levels of glucose, triglycerides and cholesterol. Improves the stress response: Stress is an increasing problem in our society, and finding ways to minimize its effects has been a challenge. But in recent years, evidence has emerged that dark chocolate can be a good ally in the fight against it. A study published in the Journal of proteome research showed that consumption of dark chocolate

reduces the excretion of cortisol in the urine, which shows a lower amount of the stress hormone in the bloodstream. Immune system enhancement: In vivo and in vitro studies have shown that cocoa has regulatory properties on immune cells implicated in innate and acquired immunity. "The positive effects of cocoa flavonoids on the immune system (related to various allergic mechanisms) are known, such as reducing the release of mediators, restoring cell balance and negatively regulating Immunoglobulin production." Central Nervous System: "The polyphenols in dark chocolate can act on the central nervous system (CNS) and neurological functions through the production of nitric oxide. Vasodilation and increased cerebral blood flow deliver

oxygen and glucose to neurons, leading to increased blood vessel formation in the hippocampus. In addition, the polyphenol-dependent antioxidant potential may contribute to the improvement of some neurodegenerative disorders", says the doctor. Psychological aspects: According to studies, the ingestion of chocolate is linked to an increase in the brain synthesis of serotonin, the famous hormone of happiness and which produces a feeling of energy and pleasure. But it is necessary to be cautious in the consumption of chocolates with higher sugar content, since carbohydrates are also involved in this process at first, but their excess can also cause metabolic disorders and increase the feeling of guilt. Sexual aspects: Chocolate has several effects on human

sexuality, mainly acting as an aphrodisiac. "The main component of sexual arousal is peripheral vasocongestion of the genital tissues; thus, serotonin, with increased production after cocoa consumption, may be involved in the process of sexual stimulation", says the doctor. But watch out! Even if you opt for dark chocolate, it is important to be careful with excessive consumption, because, regardless of the concentration of cocoa, chocolate still has sugar and saturated fats. At the end of the day, it's important to control your daily consumption. The ideal is to consume 25g to 50g of chocolate per day, giving preference to options with a higher concentration of cocoa, such as dark chocolate and pink chocolate.

4. HELAING TECHNIQUE – VIBRATIONAL STATE

What is the Vibrational State?
The Vibrational State is the condition in which one perceives the sensation of vibration in the physical body

itself, as if it were traversed by painless electrical waves, or tingling, caused by the vibrational acceleration of the energosoma (energy body) and

the psychosoma (body of emotions). . This increase in frequency is related to the release of the energy body. The Vibrational State can produce

the out-of-body experience (consciousness projection), and many people who have the out-of-body experience spontaneously report feeling these energetic vibrations. Everything that exists can be divided between what is energy (in different frequencies) and what is consciousness. Consciousness manifests through energies and energies carry information passed through consciousness. We live in an energetic world. Those : When we think, we are manifesting through those (thoughts, feelings and energies). When we come into contact with conscious energies, we can perceive the information contained in these energies. If we think of someone, we connect energetically with that person and the same happens when someone thinks of us. That's why sometimes we remember a person and then find out they were trying to get in touch with us or we have a strong idea who's calling us before we even get close to the phone. Or we are still taken by a behavior characteristic of a place or

group, feeling, for example, euphoria during a show. People who work with the public can feel a lot of energetic influences from others, feeling drained at the end of a workday or feeling sick after talking to a specific person. We are energetically influenced by the information contained in the energies of people and environments, regardless of our capacity for energetic perception. The Vibrational State is a way for us to develop the perception of energies and begin to take advantage of everything that energy development has to offer.

Benefits and Utilities of the Vibrational State: **Energetic deassimilation:** disconnection with the energies of other consciousnesses or environments. The uses are many: the person is not influenced by other people's thinking patterns (depression, anxiety), the doctor does not assimilate the patient's illness, etc. **Unlocking the Chakras:** Energy health brings well-being. **Psychometry:** assess the energetic condition of environments. For example:

due to the difficulty or ease of installing the vibrational state in a specific place, such as a company where you want to work, a house you want to rent, or a business where you want to do business, we can make this assessment.

Emotional balance: Keeping energies stable helps maintain emotional balance. **Rationality:** helps to maintain rationality in the face of important situations, such as: work meeting, job interview and decisive conversation with a person (conciliation, affective relationship). **Energetic self-defense:** when we

perceive pathological energetic interactions, the vibrational state can block them.

Harassment : to avoid the harassment of consciences from other dimensions (spirits).

Out-of-body experience: being used to cause the disincidence of bodies, causing the projection of consciousness. **face strength:** having a greater presence in public, being easily heard by others. **nightmare factor:** it can improve the sleep of those who have nightmares, considering

that the vibrational state is a form of energetic defense and nightmares can originate from extraphysical harassment. The exercise of the vibrational state allows the evaluation of consciencial attributes such as will, intentionality, discipline, the condition of the chakras and the behavioral characteristics linked to each of these chakras and even the average of the pattern of your thoughts. Thought Pattern: The quality of our thoughts manifests in our energies and attracts kindred consciences. Thus, we can gauge our pattern of thoughts through the coherence with which we perceive the vibration of our vibrational state and even the resonance between the chakras. For example: activating our energies we can perceive the coupling with an extraphysical consciousness - spirit - in a certain chakra, whether this connection is positive or not and, consequently, the pattern

of the companies we attract. Positive emotions and healthy thoughts vitalize our energies and avoid gravitating energies that block the energy flow of our chakras. Technique of the Vibrational State - Closed Circulation of Energies: We can, through the will, move our energies aiming at the installation of the vibrational state. Find a comfortable position, lying down or sitting or standing. You can close your eyes to lessen visual stimuli. Relax the whole body and calm the thoughts. Your energy is where your attention is. Focus on the top of your head, willing your energies to accumulate there. With your will, move the energies accumulated at the top of your head, through your entire body, until you reach your feet. Pay attention to sensations, but don't worry if you feel nothing. It doesn't matter if you don't know what bioenergies are like; practice will show you. Bring back the flow of your consciencial

energy, with your determined will, from your feet and hands to your head. Repeat this movement with your consciencial energies, from head to feet and then from feet to head, several times. Try to feel and discriminate the flow of energy sweeping through the organs of your body. This is how the unblocking and compensation of energies begin in your energosoma, an energy body formed by the set of your chakras. Insist if you feel difficulty in a specific point. Gradually increase the speed or rhythm of the impulse of the flow of consciencial energy, through your determined will. Increase, as much as possible, the intensity and volume of the flow of consciencial energy, which will begin to compose increasingly larger and more powerful circuits throughout your body. With the circulation of energies, the vibrational state is installed continuously.

5. MEDICINE OF THE MONTH: LISINOPRIL

Lisinopril is used to treat high blood pressure. Lowering high blood pressure helps prevent strokes, heart attacks, and kidney problems. It is also used to treat heart failure and to improve survival after a heart attack. Lisinopril belongs to a class of drugs known as ACE inhibitors. It works by relaxing blood vessels so blood can flow more easily. How to use lisinopril oral: Take this medication by mouth with or without food as directed by your doctor, usually once daily. If you are using the suspension form of this medication, shake the bottle well before each

dose. Carefully measure the dose using a special measuring device/spoon. Do not use a household spoon because you may not get the correct dose. The dosage is based on your medical condition and response to treatment. For children, the dosage is also based on weight. To reduce your risk of side effects, your doctor may direct you to start this medication at a low dose and gradually increase your dose. Follow your doctor's instructions carefully. Use this medication regularly to get the most benefit from it. To help you remember, take it at the

same time each day. Keep taking this medication even if you feel well. Most people with high blood pressure do not feel sick. For the treatment of high blood pressure, it may take 2 to 4 weeks before you get the full benefit of this medication. For the treatment of heart failure, it may take weeks to months before you get the full benefit of this medication. Tell your doctor if your condition does not get better or if it gets worse (for example, your blood pressure readings remain high or increase).

6. KIND OF THOUGHT: PSYCHOLOGICAL

Psychologists are skeptical, they need to be convinced by evidence that something is true. Their default is disbelief. Psychologists want to see references. By including references in your work you do two very important things. Firstly you acknowledge your debt to the community of scholars who have thought about the same

things you are writing about, and, secondly, you allow anyone reading your work to go and check the facts for themselves. Psychologists prefer simple explanations to complex ones. Obviously what counts as simple isn't always straightforward, and depends on what you already believe, but in general psychologists don't like to

believe in new mental processes or phenomena if they can produce explanations using existing processes or phenomena. So, thinking like a Psychologist means that you need to be sure about everything happens around you and if someone gives new information that information need

to have the ability to be used in others process.

7. INCURABLE DISEASE: POLIOMYELITIS

Key facts: Polio (poliomyelitis) mainly affects children under 5 years of age. 1 in 200 infections leads to irreversible paralysis. Among those paralysed, 5% to 10% die when their breathing muscles become immobilized. Cases due to wild poliovirus have decreased by over 99% since 1988, from an estimated 350 000 cases then, to 33 reported cases in 2018. As long as a single child remains infected, children in all countries are at risk of contracting polio. Failure to eradicate polio from these last remaining strongholds could result in as many as 200 000 new cases every year, within 10 years, all over the world. In most countries, the global effort has expanded capacities to tackle other infectious diseases by building effective surveillance and immunization systems. Symptoms: Polio is a highly infectious disease caused by a virus. It invades the nervous system, and can cause

total paralysis in a matter of hours. The virus is transmitted by person-to-person spread mainly through the faecal-oral route or, less frequently, by a common vehicle (for example, contaminated water or food) and multiplies in the intestine. Initial symptoms are fever, fatigue, headache, vomiting, stiffness of the neck and pain in the limbs. 1 in 200 infections leads to irreversible paralysis (usually in the legs). Among those paralysed, 5% to 10% die when their breathing muscles become immobilized. People most at risk: Polio mainly affects children under 5 years of age. Prevention: There is no cure for polio, it can only be prevented. Polio vaccine, given multiple times, can protect a child for life. Global caseload: Wild poliovirus cases have decreased by over 99% since 1988, from an estimated 350 000 cases in more than 125 endemic countries then, to 33 reported cases in 2018. Of the 3 strains of

wild poliovirus (type 1, type 2, and type 3), wild poliovirus type 2 was eradicated in 1999 and no case of wild poliovirus type 3 has been found since the last reported case in Nigeria in November 2012. WHO Response: Launch of the Global Polio Eradication Initiative. In 1988, the Forty-first World Health Assembly adopted a resolution for the worldwide eradication of polio. It marked the launch of the Global Polio Eradication Initiative (GPEI), spearheaded by national governments, WHO, Rotary International, the US Centers for Disease Control and Prevention (CDC), UNICEF, and later joined by additional key partners including the Bill & Melinda Gates Foundation and Gavi, the Vaccine Alliance. This followed the certification of the eradication of smallpox in 1980, progress during the 1980s towards elimination of the poliovirus in the Americas, and Rotary International's

commitment to raise funds to protect all children from the disease. Progress: Overall, since the GPEI was launched, the number of cases has fallen by over 99%. In 1994, the WHO Region of the Americas was certified polio-free, followed by the WHO Western Pacific Region in 2000 and the WHO European Region in June 2002. On 27 March 2014, the WHO South-East Asia Region was certified polio-free, meaning that transmission of wild poliovirus has been interrupted in this bloc of 11 countries stretching from Indonesia to India. This achievement marks a significant leap forward in global eradication, with 80% of the world's population now living in certified polio-free regions. More than 18 million people are able to walk today,

who would otherwise have been paralysed. An estimated 1.5 million childhood deaths have been prevented, through the systematic administration of vitamin A during polio immunization activities. Opportunity and risks: an emergency approach: The strategies for polio eradication work when they are fully implemented. This is clearly demonstrated by India's success in stopping polio in January 2011, in arguably the most technically-challenging place, and polio-free certification of the entire South-East Asia Region of WHO occurred in March 2014. Failure to implement strategic approaches, however, leads to ongoing transmission of the virus. Endemic transmission of wild poliovirus is continuing to

cause cases in border areas of Afghanistan and Pakistan. Failure to stop polio in these last remaining areas could result in as many as 200 000 new cases every year, within 10 years, all over the world. That is why it is critical to ensure polio is eradicated completely, once and for all. Future benefits of polio eradication: Once polio is eradicated, the world can celebrate the delivery of a major global public good that will benefit all people equally, no matter where they live. Economic modelling has found that the eradication of polio would save at least US\$ 40–50 billion, mostly in low-income countries. Most importantly, success will mean that no child will ever again suffer the terrible effects of lifelong polio-paralysis.

8. HEALTH LAW: LAW IN ONCOLOGY (Brazil)

Cancer patients have special rights in the legislation, such as sick pay, treatment away from home, withdrawal from the Severance Indemnity Fund (FGTS). See the most frequently asked questions about the

social rights of cancer patients. Can a worker with cancer withdraw the FGTS? Yes. In the symptomatic phase of the disease, the worker registered with the FGTS who has a malignant neoplasm (cancer) or

who has a dependent with cancer can withdraw the FGTS. One of the required documents is the medical certificate valid for no more than thirty days, counted from its issuance, signed with a signature on the

stamp and CRM of the doctor responsible for the treatment, containing a diagnosis in which he reports the pathologies or illnesses that bother the patient, the current clinical stage of the disease and the patient. The amount received will be the balance of all accounts belonging to the worker, including the current employment contract account. In the case of cancer-related disability, and the symptoms of the disease persist, the withdrawal from the account can be made while there is a balance, provided the necessary documents are presented. Can a worker with cancer withdraw PIS/PASEP? Yes. PIS can be withdrawn from Caixa Econômica Federal and PASEP from Banco do Brasil by workers registered with PIS/PASEP before 1988 who have a malignant neoplasm (cancer), in the symptomatic phase of the disease, or who have a dependent with cancer. The worker will receive the total balance of his dues and earnings. Are workers with cancer entitled to sick pay? Sick pay is a monthly benefit to

which the insured is entitled when he is temporarily unable to work due to illness for more than 15 consecutive days. Cancer patients will be entitled to the benefit, regardless of the payment of 12 contributions, as long as they are insured. The incapacity for work must be proven by means of an examination carried out by the medical expertise of the INSS. How do I get sick pay? The person must go to the Social Security agency closest to their residence or call 135 requesting an appointment for a medical examination. A work permit or documents proving your contribution to the INSS is essential, in addition to a medical statement or examination (valid for 30 days) that describes the insured person's clinical status. hand, public and military servants are governed by specific laws (law 8.112/90 and other laws). Therefore, for the purposes of leave for health treatment and/or other benefits, such as leave to accompany a family member, look for your paying agency (Foundations, Institutes, Autarchies, Military Command)

or the Social Service of the unit where you carry out the treatment, to more guidelines. Does a worker with cancer have the right to disability retirement? Disability retirement is granted as long as the incapacity for work is considered definitive by the medical expertise of the INSS. The insured person who is not in the process of rehabilitation for the exercise of an activity that guarantees his subsistence is entitled to the benefit (regardless of whether he is receiving sick pay or not). Cancer patients will be entitled to the benefit, regardless of the payment of 12 contributions, as long as they are insured. If you need permanent assistance from another person , the value of the disability pension may be increased by 25% in the situations provided for in Annex I of Decree 3048/99. Public and military servants are governed by specific laws (law 8.112/90 and other laws). Therefore, look for your paying agency (Foundations, Institutes, Autarchies, Military Command) or the Social Service of the unit where you carry out the

treatment, for further guidance. Does the person with cancer have the right to assistance (or Continued Benefit)? Yes, as long as it meets the criteria of age, income or disability. The Organic Law of Social Assistance (LOAS) guarantees a benefit of a minimum monthly wage to the elderly aged 65 years or over, who do not exercise a paid activity, and to the disabled person who is unable to work and to lead an independent life. Children from zero to 10 years old and adolescents between 12 and 18 years old have the same rights. To be entitled to the benefit, another fundamental criterion is that the family income is less than $\frac{1}{4}$ (one quarter) of the minimum wage. This calculation considers the number of people living in the same household: spouse, partner, parents, children and siblings not emancipated from any condition, minors and invalids. The income criterion characterizes the impossibility of the patient and his family to guarantee their livelihood. In cases where the patient suffers

from an advanced stage disease, or suffers from the consequences of irreversible sequelae of cancer treatment, the benefit can also be used, provided that there is an implication of their health status in the incapacity for work and in the acts of independent living. The applicant also cannot be linked to any social security scheme or receive any benefits. Even when hospitalized, both the elderly and the disabled are entitled to the benefit. Assistance support is non-transferable, not generating the right to pension to heirs or successors. The beneficiary does not receive 13th salary. To apply for the benefit, the person must undergo an expert medical examination at the INSS. Information about the necessary documentation can be obtained by calling 135 or through the social security website:

<http://www.previdencia.gov.br/>

What is Out-of-Home Treatment (PDT) in the Unified Health System (SUS)? SAS Ordinance No. 055, of February

24, 1999, provides for the Out-of-Home Treatment routine. This regulation aims to guarantee the access of patients from one municipality to care services in another municipality, or even, in special cases, from one state to another state. TFD may involve securing transportation for treatment and accommodation, where indicated. The TFD will be granted exclusively to patients treated in the public and referenced network. In cases where there is a medical indication, the payment of expenses for a companion will be authorized. Can the cancer patient request the discharge of the home loan? The person with total and permanent disability, caused by accident or illness, is entitled to discharge, if this clause exists in their contract. For this, he must be unfit for work and the disease determining the incapacity must have been acquired after signing the contract for the purchase of the property. It is included in the installments of the property financed by the Housing Financial System (SFH) an insurance that guarantees

the discharge of the property in case of disability or death. In case of disability, this insurance covers the amount corresponding to the patient's share of the financing. The financial entity that financed the property must forward the necessary documents to the responsible insurer.

When is a person with cancer entitled to request an exemption from IPI when purchasing vehicles? The IPI is the federal tax on industrialized products. Cancer patients are exempt from this tax only when they have a physical disability in their upper or lower limbs that prevents them from driving regular vehicles. It is

necessary for the applicant to present examinations and a medical report that describe and prove the disability. Law No. 10,182, of 02/12/2001, restores the validity of Law No. 8,989, of 02/24/1995, which provides for the exemption from IPI in the acquisition of automobiles intended for the autonomous transport of passengers and for the use of deficiency. Which vehicles can a person with cancer purchase with exemption from IPI? Passenger cars or mixed-use vehicles of national manufacture, powered by fuel of renewable origin. The vehicle must present special characteristics, original or

resulting from adaptation, that allow its proper use by people with physical disabilities. Among these features, the automatic or hydraulic transmission (driven by a hydraulic system) and the hydraulic steering. The adaptation of the vehicle can be carried out at the automaker itself or at a specialized workshop. The IPI will normally be levied on any optional accessories that do not constitute original equipment of the vehicle purchased. The benefit can only be used once. But if the vehicle was purchased more than three years ago, it can be used a second time.

9. PROJECIOLOGY: PROJECTIOLOGY AND PSYCHOLOGY

Definition. Psychology (Greek: psyché, soul; logos, treatise, study): the science of psychic phenomena and human behavior. Synonymy: personology; science of the intraphysical consciousness; science of the mind; science of the psyche. Explanation. The relationships of parapsychology and projectiology with

psychology are very deep. The object of these 3 sciences is the study of human nature. Metapsychics. Without metapsychics, contemporary parapsychology would not exist; but parapsychology is an extrapolation of psychology. Conscientiology. It is not possible to conceptualize psychology in a manner that

satisfies all existing schools. Far from having a single definition, what exists is a complex of theories, each one defined by its adepts and often in disagreement with the others. Here, psychology is presented as being the study of only the intraphysical consciousness. Transpersonal. The consciousness, addressed in an

integral manner, is the object of study in consciology. We can see it is far vaster and more all-encompassing than transpersonal psychology. Mind-matter. There are researchers locked into the mind-matter dilemma who still insist that the phenomenon of lucid projection is a purely psychological experience and not a parapsychological phenomenon. In other words, they feel its explanation does not require a parapsychic influence, although they do not distance themselves from the possibility of parapsychic phenomena occurring during the projective process. Unification. There is no single field of psychology. Unlike mathematics, physics or biology, psychology is not a unified science. Branch. Aside from educational, social, evolutionary, differential, comparative, general, and other lines of psychology, there currently exists a branch of psychology, or more specifically of psychotherapy, called transpersonal psychology. This field specializes in the study of altered states of consciousness,

including transcendental and parapsychic experiences, as well as projections of the consciousness. Neurophysiology. On the other hand, the connection between psychology and physics is neurophysiology. Vehicles. The acknowledgement of the existence of the consciousness' vehicles, namely the ability of the consciousness to think, act and move outside the human body without the use of nerves and muscles, has strong, inevitable implications in the placement of projective phenomena outside the restricted field of soul-less psychology. Series. This is evidenced by the veteran projector, or anyone who produces lucid projections in series without the negative, subversive interference of pharmacological crutches (drugs or medications). Psychosoma. Transpersonal psychology (Wilber, 1845), or the fourth-power, is more directly connected to projectiology with regard to projections of the consciousness in the psychosoma when projected

together with the holochakra. More recently, it includes the achievement of transcendent projections of the consciousness in the mentalsoma, which are highly subjective personal experiences of cosmic consciousness or cosmoconsciousness. Self-bilocation. The individual who accepts the reality of the phenomena of bilocation and self-bilocation admits the existence of a second, extraphysical, and less dense body. In this case, the evidence transcends the scope of the manifestations of classic psychology. Soft. It is clear that projectiology (a body of knowledge that is intrinsically coherent and extrinsically useful) cannot constitute a hard science. It must be considered a soft science, as is psychology, because not all of the concepts that it deals with have been satisfactorily quantified. Consciousness. On the one hand, it is understandable that the most brilliant psychologist, as well as any other researcher in any field of human knowledge who

has not personally experienced expansion of the consciousness in the mentalsoma, is neither able to evaluate the phenomenon nor present viable hypotheses regarding this occurrence, which is totally unfamiliar to that individual. Competence. The individual most competent to deeply judge the matter is the one who has personally had the experience. Polysonography. On the other hand, psychological influence cannot be disregarded in lucid projection techniques. Current psychological studies in sleep and dream laboratories through the use of polysonography, have brought important help to the clarification of altered states of consciousness, including lucid consciousness projection, the idea of which can even be transmitted through simple psychological contagion. Research. In light of what has been shown, the rational recommendation for projectiology research, that currently goes beyond the limitations of classic psychology, is a fusion of both

the psychological and parapsychological lines, without an overlap of their capabilities. Exchange. It is necessary to maintain an open mind in terms of the findings, with continued interest in the results, regardless of their origin, and a maximal exchange of ideas and conclusions with an interdisciplinary, universalistic attitude. Conception. The researcher who has still not had the great adventure of finding him/herself alive outside the human body with his/her own lucid, perceptive personality separated from and near the human body, is not capable of forming a clear concept about the practical and positive value of verified evidence, and opinion based on personal experience. Drugs. Nevertheless, the individual who has consciencial experiences that are brought on by drugs clearly has a tendency to insert the OBE within the scope of common, classic human psychology. This has generated many erroneous ideas among experimenters who are sometimes persons of

considerable good will, good intention, intellectual capacity and material means. Methodology. To experimenters in general, the author recommends endeavoring to produce projective experiences. They should not be those induced by drugs, but spontaneous projections provoked by the will with special training in order to arrive at conclusions, patterns and paradigms that are correct in regard to projectiological phenomena. Thanatophobia. Another point of close connection between psychology and projectiology is fear research (thanatophobia). This is an area of great interest for both fields, as well as the field of medicine. Value. The dogma of immature science, concerning itself exclusively with the general and not with the particular, has had the effect of leaving participatory research aside. When individual differences are not taken into consideration, a great deal of the value of experimental discoveries is lost. Idiography. Projectiology is in the uncommon position of

being a science whose exponents are part of its own object of study, in the same manner as occurs with psychology and parapsychology. These 3 sciences are idiographic disciplines. Challenge. Those individuals who are interested in projectiology receive the challenge of opening a new idiographic area of scientific investigation. They are faced with personally exploring that which is, for the most part, still virgin territory, to do this in a meticulous and systematic manner, developing new theories and techniques in line with progress made and, furthermore, offering a new insight into themselves as consciousnesses in evolution. Differences. Contrary to psychology and orthodox medicine, projectiology seeks to study the following 8 objects of research

1. Serenology. Those who adhere to the general evolutionary laws (serenissimi), as opposed to criminals or those intraphysical consciousnesses still lacking a reasonable level of evolution (abnormal psychology;

psychiatric disturbances; behavioral disturbances).

2. Neophilia. Neophilic courage, as opposed to fear (corporatist neophobia).
3. Cosmoethics. Cosmoethical megafraternity, as opposed to hostility (human ethics).
4. Extraphysiology. Broad multidimensional vision, as opposed to intraphysical blindness or mere somatics (restricted vision, narrow-mindedness).
5. Evolutiology. The present, in relation to the immediate future (consciential evolution or the multidimensional here and now), as opposed to the present in relation only to the past (pastology).
6. Holomaturology. The healthy, centered consciousness (paraphysiological holosomatic homeostasis), as opposed to the insecure and disturbed individual (mere physiological organic homeostasis).
7. Health. The exaltation of health (prophylaxis) above the exaltation of illness (bioenergetic blockages and imbalances), pertinent to mercantilistic lines of knowledge in the conventional areas of human health.
- 8.

Paraprophylaxis.

Paraprophylaxis (evolutionary intelligence) first and foremost, and not merely conventional therapeutics (material intelligence) above all. Emotions. Another difference between psychology and projectiology is that psychologists have always discovered more enthusiasm and self-awareness in the conditions which provoke emotions. Discernment. Lucid projectors endeavor to master their emotions, without repressing them, by having more discerning reactions that stem from the mentalsoma, as opposed to those stemming from the psychosoma, which is still very animalistic. Trauma. If, on the one hand, the emotional involvement of the self tends to increase the extent of learning in general, a great intensity of emotional excitement, on the other hand, tends to reduce the scope of learning. When outside the human body – with regard to projective learning in extraphysical consciential dimensions – this fact becomes predominant and, worse still,

undesirable, as it can lead to experience or an extraphysical
the interruption of the trauma.

10. CONSCIENTIOLOGY: MEGAUNPREDICTABILITY

You can see about this subject here:
http://www.youtube.com/watch?v=nK2KeQgRGao&list=UUFISbD0-d6gnhQa1htGnJA&feature=player_detailpage Enjoy.

11. BOOK OF THE MONTH: THE SEVEN HABITS OF HIGHLY EFFECTIVE PEOPLE

This book changed my life, I remember I was in the first year of my degree in engineering of production, I was naive and knew nothing about the world. So I saw this book to buy. I did not think twice, I bought with the rest of money that I had in my wallet. After that I had some weeks of pure pleasure. I learnt so much that 17 years after buying that book I can teach and see people doing things that this book help. In summary this book give you 7 habits to be the best person in a business world. PS.: I used a lot in my privacy life this book.

12. ING AND ANG: THIN OR FAT

We are going to talk about the excess of fat in the body: Excess weight: treatments and causes. Overview: What is Overweight? Overweight occurs when a person has a body weight greater than what is oriented for their height, but more important than weight is body composition, that is, the main objective is for the person to become thin and strong. Causes: The causes of being overweight can be: Unhealthy eating habits; Food compulsion; Genetic predisposition; Sedentary	lifestyle; Psychological problems; Use of some medications; Hormonal problems such as hypothyroidism; Polycystic Ovary Syndrome; Menopause; Insomnia; Gastritis; Stress; Anxiety; Slow metabolism. It is important to point out that being overweight can occur due to one of these causes or a combination of these causes. Diagnosis and Tests: Seeking medical help: Contact your doctor if you find you are overweight. At the medical consultation: Specialists who	can diagnose overweight are: General practitioner; Nutritionist; Endocrinologist; Nutritionist and Physical Educator. Being prepared for the appointment can facilitate diagnosis and save time. That way, you can already arrive at the appointment with some information: A list with all the symptoms and how long ago they appeared; Medical history, including other conditions the patient has and medications or supplements that the patient takes regularly; If possible, ask someone to
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accompany you. The doctor will likely ask you a series of questions, such as: How long have you been overweight? Have you managed to lose weight in the past? How are your eating habits? Are your family members overweight? Do you exercise? How often? Have you ever been on a diet?

Diagnosis of Overweight: The diagnosis of overweight is usually based on the Body Mass Index (BMI). BMI is calculated as weight divided by height squared. The BMI result indicates whether the person is overweight or not.

Underweight: BMI below 18.5;

Normal weight: BMI between 18.5 and 24.9;

Overweight: BMI between 25 and 29.9;

Grade I obesity: BMI between 30 and 34.9;

Grade II Obesity: BMI between 35 and 39.9 and

Grade III Obesity: BMI above 40. Excess weight occurs from overweight. There are also other ways of verifying excess weight that work together with the BMI calculation. They are: calculating the percentage of fat and measuring the abdominal circumference.

Treatment and Care: Treatment

of Overweight: Treatment for overweight depends on its cause. However, maintaining healthy eating habits and practicing physical activities are good allies against excess weight. In more severe cases, bariatric surgery may be an alternative. Depending on the cause of excess weight, consultation with a psychologist or psychiatrist may be necessary. The use of medication, when properly indicated and with medical supervision, can be very useful depending on the case.

Possible Complications: Being overweight can cause a number of health complications, especially if the person is already obese. The problems are: Cardiovascular problems; High blood pressure; Type 2 diabetes; Gallstones; Breathing problems; Some types of cancer; Increased fat in the liver; Gastroesophageal reflux; Fertility problems; Urinary incontinence; Vision problems such as cataracts; Neurological problems; Weakening of muscles and bones; - Low self-esteem; Depression; Anxiety; Sleep

apnea. **Prevention:** In general, it is possible to prevent excess weight with healthy eating habits and regular physical activities, however, you cannot change genetics, which are individual. Why is obesity considered a chronic disease? A disease is considered chronic when it jeopardizes the quality of life of an individual, has a long duration and is progressive, with or without symptoms. This is the case with obesity. When it is accompanied by an unhealthy lifestyle, it brings the possibility of developing several other chronic diseases, such as hypertension, type 2 diabetes and high cholesterol, in addition to respiratory problems, difficulty sleeping, joint sensitivity and back pain. , among many other disorders. Obesity can also affect a person's mental health, which makes treatment even more difficult. This is due to the fact that weight gain generates, in many individuals, a feeling of guilt, which is intensified by social judgment. Thus, these people think that they did not take care of themselves

enough, demotivating themselves to seek solutions. What are the 4 main consequences linked to obesity? In view of its ability to cause or worsen several other health complications, it is worth mentioning 4 of the main consequences linked to obesity. Check it out below.

Hypertension: Hypertension is a cardiovascular disease caused by high blood pressure. This occurs when the blood circulation tension rises considerably, which can damage the walls of the veins and arteries. A high body fat index is also related to a high amount of triglycerides and LDL cholesterol (known as "bad cholesterol"). This increase in blood lipids can compromise its circulation and cause hypertension. For this reason, obese people are more likely to develop this complication than individuals with a regular BMI. As a disease that affects approximately 25% of the adult population in Brazil, hypertension needs to be properly treated and monitored. In addition, weight loss is one of the factors that

help to improve the condition.

Asthma: Another chronic disease, asthma affects the respiratory system and affects around 300 million people worldwide. Tiredness, shortness of breath and wheezing are just some of the signs that come with this disorder. Symptoms are even more intense at bedtime, when doing physical activity or in the presence of allergenic factors. One of the possible causes of asthma is the reaction to leptin, a protein produced mainly by adipose tissue - cells responsible for storing fat. Therefore, this is one of the main consequences of obesity.

Sleep apnea: Sleep apnea is a problem that causes noise and interruptions in breathing while sleeping. As a consequence, it compromises the quality of sleep, causing drowsiness during the day, difficulty concentrating and reasoning, and reduced oxygen supply to the nervous system, among other problems. Excess weight is one of the factors that favor the emergence of this disease, as it makes it difficult for air to pass through

the airways.

Diabetes: Weight gain is most often the result of lower calorie expenditure than consumption. Therefore, unused energy is stored in the form of fat. However, excess adipose tissue interferes with the functioning of insulin, a hormone whose main function is to regulate blood sugar levels. When there is insulin resistance, the chances of developing type 2 diabetes are higher. Thus, this disease is another serious consequence of obesity, which compromises an individual's quality of life and can have many complications, such as vision and healing problems.

Heart: *Excess weight puts a greater strain on the heart. The extra work can trigger stroke or serious heart disease.*

Thrombosis: *The obese heart can cause poor blood pumping to the entire body, which generates diseases linked to the vascular system. It is normal for the appearance of varicose veins in the legs and thrombosis.*

Sleep apnea: *Chronic disease can develop because obese people have a greater amount of adipose*

tissue in the pharyngeal region. able to metabolize all the fat fat accumulated by developing
Liver: The organ may not be ingested in an overeating. The cirrhosis or fibrosis.

13. PERSONALITY OF THE MONTH: PATRICK DROUOT

Patrick Drouot, physicist, graduate of Columbia University in New York, specialist in states of expansion of consciousness has accompanied tens of thousands of people in the unfolding of their existence. Author of 7 books published in one and a half million copies, his work has been translated into 8 languages. From ancient Egypt via the Amazon basin, Central Polynesia, Rapa Nui - Easter Island, the rites and teachings of the Indians of North America, Patrick Drouot travels the world and develops links between non-ordinary states of consciousness, new models of vibrational therapies and the evolution of planetary spirituality. Patrick Drouot has participated in numerous television and radio programs and newspaper articles in France, Switzerland, Belgium, Italy, Spain, North America (USA, Canada), Brazil and French Polynesia (Tahiti).

14. MEDICAL EQUIPMENT OF THE MONTH: AUTOCLAVE

Autoclaves are also known as steam sterilizers, and are typically used for healthcare or industrial applications. An autoclave is a machine that uses steam under pressure to kill harmful bacteria, viruses, fungi, and spores on items that are placed inside a pressure vessel. The items are heated to an appropriate sterilization temperature for a given amount of time. The moisture in the steam efficiently transfers heat to the items to destroy the protein structure of the bacteria and spores. In healthcare, the term "autoclave" is typically used as the nomenclature to describe a Steam Sterilizer. ANSI/AAMI4, which provide standards and guidelines for the processing of medical devices, refers to autoclaves for healthcare specifically as Steam Sterilizers. The steam digester, a prototype of the autoclave that is better known now as a pressure cooker, was invented by French-born physicist Denis Papin in 1679.¹ It wasn't until 1879 that the French microbiologist Charles Chamberland created a new version called the autoclave to be used in medical applications. The science of disinfection and sterilization began in 1881 with the research of Robert Koch on the disinfecting properties of steam and hot air. He demonstrated the greater power of penetration exhibited by moist heat (steam) compared to dry heat. Finally, in 1933 modern autoclave technology was introduced with the first pressure steam sterilizer that controlled performance by measuring the

temperature in the chamber drain line (thermostatic trap). Prior to this date, pressure was the sole indication of control with no means to verify temperature or air elimination. Over time, new autoclave technology has been developed including pre-vacuum cycles in 1958, and steam-flush pressure-pulse in 1987 allowing the science to evolve into the autoclaves, or steam sterilizers, used in hospitals today. Autoclaves are commonly used in healthcare settings to sterilize medical devices. The items to be sterilized are placed inside a pressure vessel, commonly referred to as the chamber. Three factors are critical to ensuring successful steam sterilization in an autoclave: time, temperature and steam quality. To meet these requirements there are three

phases to the autoclave process: Conditioning Phase (C): Air inhibits sterilization and must be removed from the chamber during the first phase of the sterilization cycle known as conditioning. In dynamic air removal-type steam sterilizers, the air can be removed from the chamber using a vacuum system. It can also be removed without a vacuum system using a series of steam flushes and pressure pulses. Gravity-type sterilizers use steam to displace the air in the chamber and force the air down the sterilizer drain. Exposure Phase (S): After the air is removed, the sterilizer drain closes and steam is continuously admitted into the chamber, rapidly increasing the pressure and temperature inside to a predetermined level. The cycle

enters the exposure phase and items are held at the sterilization temperature for a fixed amount of time required to sterilize them. Exhaust Phase (E): During the final phase of the cycle, exhaust, the sterilizer drain is opened and steam is removed, depressurizing the vessel and allowing the items in the load to dry. Quality steam is vital to a successful autoclave sterilization process. The steam used for sterilization should be composed of 97% steam (vapor) and 3% moisture (liquid water). This ratio is recommended for the most efficient heat transfer. When the steam moisture content is less than 3%, the steam is described as superheated (or dry). Superheated steam is too dry for efficient heat transfer and is ineffective for steam sterilization.

15. SCIENCE WITH THERAPY: PSYCHOLOGY WITH BIOTECHNOLOGY

PSYCHOLOGY WITH BIOTECHNOLOGY

While the therapist does the sessions, water and biologically modified foods are ingested to cause faster healing. These foods are prepared for the processes of cards, understanding and forgiveness to occur, they act as catalysts.

PSYCHOLOGY WITH BIOTECHNOLOGY AND NANOTECHNOLOGY

More difficult processes such as serial killers can be greatly benefited. Biological beings that worked with the brain in the form of society and mutualism. During therapy, biological beings of

nano size travel through the brain nanoblocking the transmissions between neurons that cause serial killermism.

PSYCHOLOGY WITH BIOTECHNOLOGY + NANOTECHNOLOGY + REVERSE ENGINEERING

During the above process, the psychologist can incite the serial killer to kill and understand the whole process from the trigger to the pleasure of doing a job well done. After data collection, the nanobiorobos can be sold as a tablet that will do the automatic process.

16. MIXING SCIENCE: INCORPORATION WITH MATERIALS ENGINEERING

This technique requires the following capabilities of the spirit it is embodying: materilization, nanophysics and materials engineering. While embodied, the spirit materializes nano-scale materials to make important connections anywhere in the medium's body.

17. PATHOLOGICAL ANALYSIS OF MUSIC: FOOTLOOSE

Been working so hard

The person is willing to show all the effort he is putting in in search of reward.

I'm punching my card

Eight hours for what?

At this moment you are complaining about the number of hours, and also about the result, a good experience would be to reduce the number of hours worked to verify if the result is really the problem.

Oh, tell me what I got

At that moment the person asks you to answer for him. In fact you are the person who knows the most about you, she is willing to outsource the responsibility.

I've got this feeling

First you ask questions, then you answer, it seems like you want to test others.

That time's just holding me down

Holding for what? The person is just complaining.

I'll hit the ceiling

Now is teeling that is doing something great. First, the person is doing nothing good, now is doing something amazing.

Or else I'll tear up this town

The same above.

So now I gotta cut loose

First the person needs help, now she needs distance.

footloose

Kick off the Sunday shoes

Now the person is doing something to stop this situation, let's see how it does it go.

Please Louise

Pull me off my knees

Now the person is outsourcing the attitude.

Jack, get back

Come on before we crack

Now the person is outsourcing the attitude and is blackmailing.

Lose your blues

everybody cut footloose

You're playing so cool

Complete change of attitude, as if nothing had happened so far.

Obeying every rule

Now the person is happy, of course the other person is obeying.

Deep way down in your heart

Nothing to say.....

You're burning, and yearning for some

Somebody to tell you

That life ain't passing you by

I'm trying to tell you

It will if you don't even try

You'll get by if you'd only

Now the person has life experience to be a coach.

cut loose	Yeah, ooh-oh-oh	Come on before we crack
footloose	(Cut footloose)	Lose your blues
Kick off the Sunday shoes	ooh	Everybody cut footloose (Footloose)
Oo-wee Marie	You've got to turn me around	
Shake it, shake it for me	And put your feet on the ground	Footloose (Footloose)
Whoa, Milo	Gotta take the hold of all	Kick off the Sunday shoes
Come on, come on let's go	aah	Please Louise
Lose your blues	aah	Pull me off my knees
everybody cut footloose	I'm turning it loose	Jack, get back
Now the person is giving talks on how to be a better person.	Here he reached the maximum in the coaching profession based on past experiences.	Come on before we crack
		Lose your blues
The rest of the song is just a copy of the top part.		everybody cut, everybody cut
	footloose	everybody cut, everybody cut
Yeah, ooh-oh-oh	Kick off the Sunday shoes	everybody cut, everybody cut
(Cut footloose)	Please Louise	(Todo Mundo)
Yeah, ooh-oh-oh	Pull me off my knees	Everybody cut footloose!
(Cut footloose)	Jack, get back	

18. THERAPY OF THE MONTH: ABREACTION

Abreaction (German: Abreagieren) is a psychoanalytical term for reliving an experience to purge it of its emotional excesses—a type of catharsis. Sometimes it is a method of becoming conscious of repressed traumatic events. The concept of abreaction may have actually been initially formulated by Freud's mentor, Josef Breuer;¹ but it was in their joint work of 1, *Studies on Hysteria*, that it was first made public to denote the fact that pent-up emotions associated with a trauma can be

discharged by talking about it. The release of strangulated affect by bringing a particular moment or problem into conscious focus, and thereby abreacting the stifled emotion attached to it, formed the cornerstone of Freud's early cathartic method of treating hysterical conversion symptoms. For instance, they believed that pent-up emotions associated with trauma can be discharged by talking about it. Freud and Breuer, however, did not treat the spontaneous emotional reliving of traumatic

event as curative. They instead described abreaction as the full emotional and motoric response to a traumatic event necessary in adequately relieving a person of being repetitively and unpredictably assailed by the trauma's original and unmitigated emotional intensity. Although the element of surprise is not compatible with Freud's approach to therapy, other theorists consider that, in abreaction, it is an important part of analytic technique. Early in his career, psychoanalyst Carl Jung

expressed interest in regarded at most as a pretext emotions revealed through such
abreaction, or what he referred for the neurosis. But what acting-out of the past. However,
to as trauma theory, but later especially aroused my criticism Otto Rank explored abreaction
decided it had limitations in was the fact that not a few of birth trauma as a central part
treatment of neurosis. Jung traumata were simply of his revision of Freudian
said: Though traumata of clearly inventions of fantasy and had theory; while Edward Bibring
aetiological significance were never happened at all. revived the notion of abreaction
occasionally present, the Mainstream psychoanalysis as emotional reliving, a theme
majority of them appeared very tended over time (with Freud) subsequently taken up by Vamik
improbable. Many traumata to downplay the role of Volkan in his re-grief therapy.
were so unimportant, even so abreaction, in favor of the
normal, that they could be working through of the

19. BOUNTY HUNTING: SCHIZOPHRENIA

If you have a new idea on how to treat this disease you will have 3 gifts: 1) we will create this methodology together; 2) you will have an article about you in the magazine; 3) you will be a member of the magazine's production for 6 months (if you wish).

20. ENERGY LABORATORY: TWO HANDS

Rub your palms together vigorously 30 times.

Place your palms facing each other at a distance of 15 centimeters.

Send energy from your right palm to your left palm and vice versa.

Make this submission 20 times.

Can you feel the energy of one hand reaching the other hand?

This is YOUR first personal lab.

21. NARCOTICS IN LIFE: WATCH SERIES AFTER A STRESSING DAY

We all know that we should relax after a day of a lot of effort and stress, what we shouldn't do is use it to motivate habits that generate zero results. Let's see for example, work is very stressful, work will be stressful every day if nothing is done, so instead of getting lost in countless episodes of friends or similar, taking an attitude at work is healthier. Now, if you want to put a passion to work for you, watch your favorite episodes in another language and learn another language.

22. END OF LIFE DISEASES FOR POST DEATH CONTROL: ALZHEIMER

I discovered this 7 years ago. It took me a long time to realize that I had to teach this. ALZHEIMER is used by the spirit world to control people after those people die. After death nothing changes, so the person remains sick and forgetting everything, simply too simple for mega harassers to dominate and enslave people who die of this disease.

23. HUMANITARIAN CONTROL: DARK AGES

In the spirit world there was a lot of fear due to the discoveries that were taking place in the area of science and ethics. So, with spiritual congress it was decided to use the machine that already dominated people through fear and emotional control (Catholic Church) to ban any kind of intellectual, emotional, spiritual or humanitarian expression. There, the Dark Ages was started.

24. PARALEGAL PROCESS – KARMA: PAST LIVES

When people disincarnate, do they know the whole process of lives already lived, in past lives, in lives on higher planes, in lives on higher planes, on other planets, in other solar systems, in other constellations in other universes?

When people disincarnate, they know that they were used all their lives, that everything they did, good or bad, was engineered by the environment in which they lived, that is, in cases where the person had the ability to improve their own situation, the environment simply worsened. the situation.

People know that they are victims of their past life enemies who are disembodied, that those in the caste system respond even to the greatest being of light in this universe.

People know that even when they do a lot for the planet, the spiritual world will do everything to take away the merit, when a lot of times they say that it was the spiritual world that gave support, where that person was just a tool (but if that person didn't have done, he would have missed a unique opportunity that should have been punished).

The process of incarnations happens without people even having a full understanding of how this is worked, imagine if people were aware of the whole truth about incarnations, because what we know is regressions and channeling, something we could never be sure of. ethics of beings on the other side sending messages.

In my experience with disobsession, I realized that the beings that bothered people could do much more, but as they had an agenda, they only acted according to plan, delaying the person's life and turning him into a victim for saviors (beings of light, angels, helpers, mentors, spiritual guides and all the so-called helper beings on this planet) to be able to act and gain trust.

People still use ancient incarnation processes, we are so evolved, but when we compare how a human being passes from the spiritual to the material, the door is the same as a mouse that has a tiny brain with limited functions. In superior worlds, the incarnation process is completely automated, people choose profession, body and even the age they wake up to. Technology that could have already been achieved, but the spiritual lobby doesn't let that happen and the mechanisms are used a lot. In more advanced worlds, nuclear energy is fully developed and the planet has energy left over for thousands of millennia, on this planet when it started with that, it soon started to kill, creating a negative pattern.

There is a status quo pattern on the planet that doesn't change, spiritual beings who can do worse in obsession don't. Some will say that a greater force protects, protects itself, and where are the children of Africa? He saw with an affirmation and with a question we destroyed an entire mechanism of accreditation (god) and control (spiritual world).

What's the reason people don't come back to say what it's like in the spirit world? Here I'm going to tell you a story that explains it easily, it shocked me and at the same time taught me a lot about this planet and how the planet works: I was in training, learning to generate healing, many people participating. The moment was very cool. The technique taught by the teacher was very powerful and capable. At a certain point, the teacher taught us to get in touch with the spiritual world and seek information from our disincarnated relatives. The whole group was very motivated, I already knew some other processes, so it didn't move me, but I was interested to have one more technique in my portfolio.

After teaching the technique, people in pairs used the technique, one on the other, that's how the crying began, because the technique was true and the answers from the spiritual world came "positive" (it always surprised me a lot) and with data confirming who they were with real facts. At one point, the girl next to me asked to speak to her mother, which was normal, and I could see what was happening on the spiritual side. A hideous being brought her Mother in chains. The mother cried and she was instructed to say only positive things. Soon the daughter burst into tears, happy that the mother who had suffered so much when incarnated had reached heaven, happy worlds, fullness, nirvana, altered states of consciousness, full happiness. The truth is that the "being" that destroyed her life while incarnated was with her as a slave and did everything he told her to do. Want to make it even worse?? Would you like? Keep reading. As the content of the course was serious, there were many beings of high caliber accompanying the process and not a single hair moved about what happened, only interested in the incarnate slaves.

In short: Whoever said that the horrendous being can own her, there are more than 70 billion disembodied spirits on planet earth and no one helps her, wants the truth, of these 70 billion all are equal. It can get worse, calm down, people who don't understand this when they disincarnate go to courts that condemn them showing negative past life facts that we don't even know if they are true, because the person only believes because whoever is saying this is dressed in white or cast an appearance of a saint, or pope, Jesus or other being according to her religion or belief system. It can get worse, this is so widespread on planet earth that in some places (even in more subtle and "higher" places) this is taken as absolute truth.

Do you want a test for when you disincarnate, when you are going through this process try to reason with these beings saying that you have more time of spirit lived between the universes and listen to the garbage they said to maintain their arguments.

So folks, to talk about paraworld we need to understand the make-believe that billions of spirits live benefiting from their own spiritual incompetence. Remember, these beings are from more advanced planets but due to the stupidity on that planet they are here.

25. PSYCHOLOGICAL TIPS: ANXIETY

25.1 BEHAVIORISM

Check for early childhood education is pushing this behavior

Make sure husband is unfolding this behavior

Check spiritual leader is unfolding this behavior

Make sure new hobby is charging this behavior

Check that second childhood education is waiting for this behavior

25.2 CONSCIENTIOLOGY

How is your refusal in priority in your actions in intellectual development

How is your advance of synchronology in your actions in love relationships

How is your advance of mistake in your acts in financial health

How is your strong trait management in your actions in love relationships

How is your result solution in your acts in relationships

25.3 APOMETRY

The therapist should check problems in the astral body in the problem with negative reverberations of life (or similar)

The therapist should check problems in the astral body in life as humanoid problem with artifacts (or similar)

The therapist should check problems in the astral body in life as sahelanthropus tchadensis problem with pseudomortes (or similar)

The therapist should check problems in the etheric double in parallel life problem with plagues (or similar)

The therapist should check problems in the physical body in the disconnected version with work for body closing (or similar)

25.4 REGRESSION

Make sure change of friends is defining this behavior in past life and now comes in this life .. say this was in the past and no longer has strength on you from now.

Make sure the person feels that feeling in the past life: nostalgia. Then ask her to turn this feeling into an air ball of the color she wishes and to dissipate, in place put a ball of a wonderful feeling, how many times needed until the negative feeling

Check if fear is teaching this behavior in past life and now comes in this life .. Say this was in the past and no longer has strength on you now.

Check for early childhood education is teaching this behavior in past life and now comes in this life .. Say this was in the past and no longer has strength on you from now.

Check that a recent trauma is exposing this behavior in past life and now comes in this life .. Say this was in the past and no longer has strength on you now.

25.5 CONSTELLATION

Put as stone 1 the consultant and then put as stone 2 near the consultant The feeling: attraction to help in the situation

Ask for the Consultant to imagine the person closest to: cousin of the mother of father and say: You came first, you are bigger

Ask for the consultant to imagine the closest person to: cousin of the father of the father of the father's mother's father, and say: You came first, you are bigger

Ask for the Consultant to imagine the closest person to: Uncle Mother's mother's mother's mother's mother mother, and say: You are part, forgiveness your I do different

Ask for the consultant to imagine the closest person to: Mother's father's father's father, and say: I am the result of his good deeds

25.6 HO'OPONOPONE

Seek to try the worst situation you passed and tell the situation and all involved: for everyone involved in this situation I tell you: What I did was wrong, today I am another person, please forgive me.

Seek in realism the worst situation you passed and tell the situation and all involved: for everyone involved in this situation I tell you: What I did was wrong, today I am another person, please forgive me.

Seek in cognition the worst situation you passed and tell the situation and all involved: for everyone involved in this situation I tell you: What I did was wrong, today I am another person, please forgive me.

Seek to try the worst situation you passed and tell the situation and all involved: for everyone involved in this situation I tell you: What I did was wrong, today I am another person, please forgive me.

Seek in synchronology the worst situation you passed and tell the situation and all involved: for everyone involved in this situation I tell you: what I did was wrong, today I am another person, please forgive me.

25.7 REIKI

The therapy should activate and apply (for 3 to 7 minutes) the cho-ku-king symbol and Sei-He-Ki and Hon-Sha-Ze-Sho-Nen and Dai-Koo-Myo on the crown chakra with mental focus Cure of the upper mental body

The therapy should activate and apply (for 3 to 7 minutes) the cho-ku-king symbol and Sei-He-Ki and Dai-Koo-Myo in the Third Eye Chakra with mental focus of healing of the physical body

The therapy should activate and apply (for 3 to 7 minutes) the cho-ku-king and know-he-ki symbol on the heart chakra with mental focus of top mental body healing

The therapist should ask for the consultant to think about the problem and apply (for 3 to 7 minutes) the symbol Cho-Ku-King and Sei-He-Ki and Hon-Sha-Ze-Sho-Nen and Dai-Koo-Myo where the Consultant complain of pain in the physiological body (being able to be physical pain, emotional pain, mental pain or somatization)

The therapist should clean (for 3 to 7 minutes) with the symbol Cho-Ku-King and Sei-He-Ki and Hon-Sha-Ze-Sho-Nen and Dai-Koo-Myo the Chakra above the crown

25.8 LIGHT TOWER

Ask for the consultant to imagine (for 3 minutes) above the head the hexahedron and above the hexahedron the altaf star or similar, after this piece to imagine the energy of this star entering the hexahedron and flooding the body through the top of the head with focus relief

Ask for the consultant to imagine (for 3 minutes) above the head the hexahedron and above the hexahedron the star alfaf or similar, after this ask to imagine energy of this star entering the hexahedron and flooding the body through the top of the head with strength

Ask for the consultant to imagine (for 3 minutes) above the head the hexahedron and above the hexahedron the alfaf star or similar, after this ask to imagine energy of this star entering the hexahedron and flooding the body through the top of the head with focus

Ask for the consultant to imagine (for 3 minutes) above the head the hexahedron and above the hexahedron the alfaf star or similar, after this piece to imagine energy of this star entering the hexahedron and flooding the body through the top of the head with foster focus

Ask for the consultant to imagine (for 3 minutes) above the head the hexahedron and above the hexahedron the star alfaf or similar, after this ask to imagine the energy of this star entering the hexahedron and flooding the body through the top of the head with focus enthusiasm

25.9 ENERGETIC CLEANING WITH BATHTUB

In a bathtub, put warm water and place the consulant only with the nose (or the head) out of the water, after this ask the consultant to imagine every feeling of concern coming out of the body and penetrating the water

Still in the above situation, imagine every feeling of panic coming out of the body and penetrating the water

Still in the above situation, imagine every feeling of boredom coming out of the body and penetrating the water

Still in the above situation, imagine every feeling of disconsolate coming out of the body and penetrating the water

Still in the above situation, imagine every feeling of hesitation coming out of the body and penetrating the water, after 5 to 20 minutes doing this, tears in the water and feel the water leading those feelings. You can dry out and make yourself a new person.

25.10 PROJECTION TECHNIQUE (PRE)

Lie down and imagine the green color in the Third Eye Chakra for 3 minutes

Then imagine the blue color in the chakra below the feet for 3 minutes

Then imagine the green color in the sacral chakra for 3 minutes

Imagine coming out of all your body coming out the color bittersweet in the form of energy for 30 minutes

Imagine a yellow sun above you playing energy in you for 20 minutes

25.11 ENERGY PROTECTION

Think the last time you had trouble with: bitterness or hostility, so imagine a color door: Fluorescent Blue between you and this situation.

Think the last time you had trouble with: lack of humility, so imagine a color door: Bud Green between you and this situation.

Think the last time you had trouble with: hostility or shame, so imagine a color door: Cadmium Yellow between you and this situation.

Think the last time you had trouble with: rancor or nervousness, so imagine a color door: French Blue between you and this situation.

Think the last time you had a problem with: apathy or disorientation, so imagine a color door: firebrick between you and this situation.

25.12 HEALING WITH IMAGINATION

Check the next 2 questions

What are your three biggest defects?

What are the main talents you own?

In the most difficult question to answer or that bothers you do the following

Imagine the difficulty in responding or reaching the answer and imagine the following: A time traveling machine that takes you in the future (at the time you wish) and everything happened in the best way, no difficulty or problems, everything happened in the best way

25.13 PSYCHOANALYSIS

Ask for the consulting to speak without fear about conflicts with focus knowledge of the unconscious part of your mind to surface conflict problems through psychodynamic technique and if possible exploring children's experiences

Ask for the consultant to speak without fear about abuses with focus emotions to uncover problems of serious mood changes through the other technique is in his process and if possible exploring experiences of the pregnant mother

Ask for the consultant to talk exploring the opportunity on feelings with focus knowledge of the unconscious part of your mind to surface problems of serious mood changes through the technique situation without difficulty and if possible exploring experiences of the pregnant mother

Ask for the consultant to speak without blocking about behaviors with a focus to understand feelings to surface problems of serious mood changes through psychodynamic technique and if possible exploring experiences with sexuality

Ask for the consultant to speak without blocking on difficulties with focus emotions to outcase problems of concentration through easy solution and if possible exploring negative experiences of ancestors

25.14 TREATMENT OF SUBPERSONALITIES

When you lose money on business and you are hungry as is your preservation? Can you see that in your problem could change the subpersonality? Let's improve this situation by saying: What I did was what my environment taught me, today I am another person, you subpersonality can leave, I walk with my steps. Do, only if necessary and if the patient realizes that it should improve at this point

When you reach any goal and you are motivated how is your preservation? Can you see that you could do differently? Let's improve this situation by saying: What I did was my best, today I am another person, you subpersonality can leave, I walk with my steps. Do, only if necessary and if the patient realizes that it should improve at this point

When you are in the role of consultant and something good happened the day before, you victimize or have courage? Can you see that this subpersonality could be changed by another? Let's improve this situation by saying: What I did was what my environment forced me, today I am another person, you subpersonality can leave, I walk with my steps. Do, only if necessary and if the patient realizes that it should improve at this point

When you are on the role of going to the bakery and you are discouraged, you have a strategy or are you going as you can? Can you see that if you use another subpersonality can you get hurt? Let's improve this situation by saying: What I did was what my ancestors sent me, today I am another person, you subpersonality can leave, I walk with my steps. Do, only if necessary and if the patient realizes that it should improve at this point

When you are in the role of consultant and you want to be angry, you have a strategy or go as you can? Can you see that this subpersonality could be changed by another? Let's improve this situation by saying: What I did was what my ancestors sent me, today I am another person, you subpersonality can leave, I walk with my steps. Do, only if necessary and if the patient realizes that it should improve at this point